



The Healing Touch - Quantum Breath Energy Healing

Proprietor: Di Wilson B.Ed; M.Ed;

Di has extensive teaching experience having taught classes in many holistic and healing modalities since 1996. She was the first European instructor of Quantum Touch and has travelled throughout the UK and to other European countries to teach. She has been a member of the Healer Foundation for 12 years.

Quantum Breath is a method of energy healing developed exclusively by Di Wilson.

Quantum Breath includes meditation, breath-work and energy awareness techniques in order to do self-healing and offer energy healing to others.

Quantum Breath techniques involve connecting with and amplifying life-force energy; focusing on increasing the vibration of an area or person in order for healing to occur.

Contact details:

Web: www.thehealingtouch.uk.com

Email: di@thehealingtouch.uk.com Tel: **01723 871437** or **07941 196890**